

Chew On This

Homemade Dog Treat Recipes



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Sample Recipes

Sure there are lots of dog treats you can buy at the pet store, however, most store bought dog treats contain preservatives and additives to increase shelf-life. Making your own dog treats does not take a lot of work, and it lets you choose quality ingredients that are healthy and suitable for your dog. Especially for dogs with food allergies, home made treats are perfect substitute for store bought treats.

Here are my 3 favorite recipes to make your own, natural and healthy dog treats.

Pumpkin Pup-Treats

Ingredients:

½ cup canned pumpkin
2 tbs coconut oil (liquid)
4 tbs molasses
4 tbs water
2 cups of whole wheat flour (or almond flour)
¼ tsp baking soda
¼ tsp baking powder

Instructions:

- Preheat oven to 350 F
- Mix coconut oil, molasses, pumpkin and water in a bowl*
- Gradually add the flour
- Mix in the baking soda and baking powder
- Stir until ingredients are well mixed and dough softens
- Wet hands and roll small spoonfuls of dough into balls
- Place them on a greased cookie sheet and slightly flatten with a fork
- Bake for 25 minutes
- Let treats cool completely before offering to your dog!

Makes about 12 to 18 treats. I like mine a bit larger, for my big dogs, but you can adjust the individual treat size for smaller dogs.

* (during cooler weather it may be helpful to heat this mixture in the microwave for 30 seconds to make it easier to mix, before adding the flour.)

Pawlishes Ice Cream

Ingredients:

1 banana
1 cup of peanut butter
2 cups of natural plain yogurt
2 tbs of honey

Instructions:

- Peel and mash the banana.
- Use microwave or stove to warm the peanut butter until it is easy to stir.
- Pour all ingredients into a bowl and mix until well-combined.
- Pour into ice cube trays
- Freeze overnight

Sweet Potato Chews

Ingredients:

1 Large Sweet potato

Instructions:

- Wash and dry the sweet potato
- Preheat oven to 250 F
- Line backing sheet with parchment paper
- Peel and cut the sweet potato into fingerling slices about 1/3" thick
- Place on sheet and bake for 3 hours
- Turn halfway through
- Let cool completely on wire rack
- Store in refrigerator for up to 3 weeks

They come out of the oven still a little soft, but will harden as they cool off. If you want them real crunchy, bake them 15 minutes longer.

If you enjoy making these homemade treats for your dogs, come check out my blog for more dog treat recipes at [Keep Your Paws on the Road](#)

Or purchase my newly published book: [Chew On This – Homemade Dog Treat Recipes](#)